

# Tips for Making Face Masks & Video Resources

## FACE MASKS FOR COVID-19:

The masks are washable and reusable and are now recommend by the government and CDC for everyone to wear when going out in public to slow down the spread of the virus.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

### Best to Fabric to Use:

- The best masks were constructed of two layers of heavyweight "quilters' cotton" with a thread count of at least 180, and had thicker and tighter weave. Better yet is pillow case or sheet fabric that is 600 –Thread Count. The tighter the weave better prevents the COVID-19 micron for passing through.
- If the fabric allows for a substantial amount of light to shine through, it's probably going to allow tiny viral particles through, as well. If you are choosing to use T-shirt material this test is important because not all T-shirts are the same. Haines Beefy T-shirts have a tighter heavier weave that lets less light threw.
- Opt for masks that tie, rather than ones that have a standard elastic band. The ties can be adjusted to fit each face better than the elastic band.
- Prewash fabric before making the mask. You do not need to prewash the interfacing.

### Optional materials for mask ties or over the ear bands:

- **Bias tape** is excellent to use for ties. On the top tie you can place whatever you are using for the bendable nose bridge in the top tie.
- **Shoe Strings** are another option.
- **Head warps Bandeaux:** Several bands in a pack. Can purchase at the local dollar
- **Wired Ribbon**
- **Grosgrain Ribbon**
- **Twill Tape:** If your church is a member of NAEIR the three items can be purchased for pennies. Non-profit membership cost \$59. Check it out a membership can save your church thousands of dollars in a year. [www.naeir.org](http://www.naeir.org)

### Optional materials for bendable nose bridge:

- **Aluminum foil strip:** Multiple pans can be purchase or order on line from local dollar stores. A 1 ½ X 3 inch strip of foil cut from the bottom of a disposable aluminum pan.
- **Pipe cleaner:** Use 2 twist together and cut to size.
- **Another option:** Purchase a spool of aluminum wire and aluminum duct tape (that which used by Heating and air conditioning services. Both can be purchased from your local hardware store.)

If the stores you would normally shop for fabric and supplies for the facemasks are closed, out of stock be sure to check out the Amazon and E-Bay or like online shopping sites. When looking to purchase non-woven interfacing and everyone was out of stock one of our seamstresses found several offers on E-Bay.

## VIDEO RESOURCES

**To make the best DIY facemask and what to use if you can't find supplies:**

If you are running out of interfacing, or elastic while making face masks here are some other options and some things to keep in mind.

<https://www.youtube.com/watch?v=v8HNYKvIaN8&feature=youtu.be>