

Patterns and Tips Shared by Trinity Lutheran Church, Roselle, Illinois

In these current days, essential workers find themselves in a challenging position to insure that they have adequate personal protective equipment to safely do their job.

A family member in the health care field reached out to Rogene Lis, a Deaconess at Trinity, asking if she could recruit a team to sew some reusable, washable facemasks and scrub caps for fellow Chicagoland health care workers.

Rogene enlisted the help of members of the Piece Makers Quilting and Fleecing Group, members of the Dignity 4 Girls chapter and members of the congregation to help with this project. She recruited people not only who liked to sew but also people to help with cutting and other related tasks to accomplish the need of health care workers.

Currently there are 25 members of this team and the numbers keep growing. They are sewing for a variety of hospitals, a prison, police and fire departments, food pantries, as well as for friends and community people in need.

“This gives people who are sheltering in place an opportunity to share the love of Christ with health care workers, essential workers and the community “

Their team shared the following websites, patterns and resources: In these current days, essential workers find themselves in a challenging position to insure that they have adequate personal protective equipment to safely do their job.

Hats:

This one is reversible

<http://katiekadiddlehopper.blogspot.com/2019/07/reversible-scrub-cap-tutorial-with-free.html>



[Reversible Scrub Cap Tutorial with Free Pattern and SVG!](http://katiekadiddlehopper.blogspot.com/2019/07/reversible-scrub-cap-tutorial-with-free.html)

You will need: The pattern pieces ([click here](#)). Be sure to assemble the band piece by overlapping the two pieces and taping as indicated...

katiekadiddlehopper.blogspot.com

This one is quick:

<https://www.youtube.com/watch?v=XtMMhTM5e1w&list=WL&index=14&t=0s>



Easy to Sew
✦ ✦ ✦
**Sewing a
Surgeon Hat
Tutorial**
with garnet isajewel
✦ ✦ ✦ ✦

[#DIY-Sewing a Surgeon Hat Tutorial - YouTube](https://www.youtube.com/watch?v=XtMMhTM5e1w&list=WL&index=14&t=0s)

This video shows the step-by-step method to construct a surgeon hat using a serger and fabrics. Very quick and easy to make. Rotary tools are used with scissors, and link to pattern. <https://www> ...

www.youtube.com

This is the bouffant hat. There is a second video where she makes some things more clear.

<https://doodabug.com/product/473/>

<https://doodabug.com/product/473/>

[*FREE* Bouffant Surgical Cap Pattern](#)

Description. This is the download for the free Bouffant Surgical Cap. The link to the tutorial video is included in the PDF download

doodabug.com

https://healthcare.utah.edu/huntsmancancerinstitute/about-us/_pdfs/reversible-tie-hat-pattern.pdf

[Milly's Pattern \(used for 38 years for cancer patients\)](#)

11) Now sew each side of you bottom "flap" paying careful attention not to catch the hat tails in your seam allowance. 12) Flip your hat inside out through the bottom flap.

healthcare.utah.edu

Masks:

I like these - there is a pocket where you can put in whatever you want for extra protection. This gives the healthcare worker the choice of what they would like to use. I will attach more information that one of the sewers wrote to make this better.

<https://www.youtube.com/watch?v=TnTAKYRxSeY&list=WL&index=6&t=605s>



[How to Make a Face Mask with a Filter Pocket - YouTube](#)

KIDS SIZING AND QUESTIONS ANSWERED HERE:

<https://youtu.be/vtgd5uV8D3A> The CDC has asked that anyone who can sew make face masks as a last resort for people...

www.youtube.com

This mask is form fitting and has a pocket:

<https://www.youtube.com/watch?v=ZnVk12sFRkY>

The staff (nurses and doctors) that my daughter work with are really appreciating these. It makes them feel loved and appreciated.

Rogene Lis

Deaconess

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